



## **SUMMIT FOR SOMEONE with Big City Mountaineers**

An adventure fundraising program supporting BCM's mission to provide transformative experiences through nature for youth from disinvested communities.

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### **Trip Itinerary 2022**

**Trip:** Mt. Rainier, via the Disappointment Cleaver

**Location:** Ashford, Washington // The Cascade Mountains

**Dates:** July 19-22, 2022

**Guided by:** Sierra Mountaineering International

#### **Overview**

*Dominating the horizon as the highest peak in the Cascade Range at 14,411', Mt. Rainier offers alpine climbers a stunning mountaineering challenge covering snow fields and expansive walls of ice. The Disappointment Cleaver route boasts beautiful fields of subalpine wildflowers during the peak of the summer and incredible views of neighboring mountain ranges.*



#### **Itinerary**

Pre-trip: Be in Ashford, WA at 3:00pm the day before the trip officially starts – equipment check, group meeting

Day 1: meet in Ashford for breakfast (Copper Creek Inn) at 7:00am; 9:00am start in parking lot at 5400', ascend to camp at 10,000' (5-6 hours)

- From 7200-10,000' you'll be hiking on snow to camp

Day 2: training day – review ice axe and self-arrest, effectively walking in crampons, travel with a rope team, etc.; will move camp up to 11,000' (Ingraham Flats)

Day 3: Summit Day attempt! 4-6 hours to summit, 2-3 hours back to camp

Day 4: pack up camp, hike out to cars (3.5-4 hour trip); usually back around lunchtime

- Possible to book a flight out of Seattle after 7pm or later if need to leave quickly
- Otherwise, find lodging in Seattle and fly out the next day

### **Meal Planning**

Breakfasts and dinners are provided by your guides. For all meals and snacks between breakfast and dinner, please plan to bring your own food. We recommend bringing items that are high in calories and/or protein and that you will genuinely enjoy while out on the trail. Possibilities include: energy/meal bars, candy bars, cold pizza, sandwiches or wraps, nut butter pouches, and trail mix.

### **Transportation and Lodging**

The closest major airport is Seattle/Tacoma International Airport. From there, plan to rent a car or find alternate transportation to the town of Ashford, WA where we will meet up for the start of the Mt. Rainier climbing program. There are multiple options for lodging in Ashford, including hotels, Airbnb, and camping. It is also possible to stay overnight in Seattle both before the trip begins and after it ends; the drive between the two cities is approximately 1 hour and 45 minutes.

### **About the Guides**

The climb is organized by Kurt Wedberg and led by senior guides with Sierra Mountaineering International. Kurt was a senior guide on Mt. Rainier from 1991 – 2006 where he amassed 120 ascents of this peak. Kurt is also a Himalayan veteran who has three successful ascents of Mt. Everest in 1995, 2008, and 2012 and 100+ major expeditions to all seven continents on his resume. He has numerous peak ascents throughout the Sierra Nevada range over the past 30 years. Kurt is the founder of Sierra Mountaineering International and runs it from his home in Bishop, California along the slopes of the beautiful Eastern Sierra.

You can learn more about Sierra Mountaineering International at: [www.sierramountaineering.com](http://www.sierramountaineering.com)