



SUMMIT FOR SOMEONE with Big City Mountaineers

An adventure fundraising program supporting BCM's mission to provide transformative experiences through nature for youth from disinvested communities.

Trip Itinerary 2022

Trip: Grand Teton, via Exum Ridge or Pownall-Gilkey routes

Location: Grand Teton National Park, Jackson, Wyoming

Dates: July 19-22, 2022

Guided by: The Mountain Guides (aka Jackson Hole Mountain Guides)



Itinerary

The Prep Day –

Clients should plan to arrive at JHMG headquarters at 8:30am on the day before the climb begins. You will meet at the office, where you will meet your guides, get outfitted with helmets, harnesses and shoes and head out to the training area where folks will learn skills they will need to successfully navigate the Grand Teton under the supervision of their guide. Training wraps up around 3:00pm. After training, folks will return to the office where they will do their gear check. Please bring everything you are planning to bring up the mountain with you to the training day.

Day 1 –

Plan on meeting early at the Lupine Meadows trailhead. Your guides will give you specific departure times at the gear check. JHMG does not provide transportation for its clients into the park. Clients will be responsible for paying the \$35 vehicle fee at the park entrance unless they have a Golden Eagle Pass or equivalent.

Once at the trail head, guides will distribute some food items to you for the ascent up to high camp. From there, you will enjoy a leisurely 7 mile hike up beautiful Garnet Canyon. The hike, while very scenic, does gain 4200 feet and requires a certain level of fitness and will. Your guide will set a slow, sustainable pace and in 6-8 hours you will arrive at JHMG's historic Corbet High Camp. Corbet High Camp features a pristine water source, a weather port for cooking, eating and hanging out and 6 personal Mountain Hardware 3-person Tents, each with sleeping pads and sleeping bags.

After settling in and getting some rest, your guides will equip each client with a helmet, a harness and a belay/rappel device. You and your guides will walk 10 minutes from camp to a world class training area. Guides will then cover a curriculum consisting of anything not covered on the previous day and get you on the rock for a multi-pitch climb and rappel.

Guides will then prepare a delicious dinner, and with a full belly, you are off to sleep under the shadow of the Grand Teton.

Day 2 –

It's summit day! The day begins with a very early wake up followed by breakfast. With your summit pack full of layers, your headlamp, water and food, harnesses and helmets on, you head out! Like the hike to Corbet High Camp, the pace is slow and sustainable. Upward momentum is the key.

The climb to the summit is roughly 2 miles, but climbs 2700 ft. It usually takes 6-8 hours. Your guide will select one of two routes. The Pownall-Gilkey Route or the Exum Ridge. The route decision is at the guide's discretion and is based on weather, time, and ability.

Weather permitting, you will reach the summit and enjoy the fantastic views of the Teton Range, Jackson Hole and the Teton Valley.

After your achievement, you will descend to the comfort of Corbet High Camp for a warm delicious meal which you have earned. Then it's off to your tent to rest your weary muscles.

Day 3 –

Day 3 is what makes this program so special. If your party was turned around due to bad weather on day 2, day 3 can serve as a second summit attempt. The 3- and 4-day programs are the only programs where this is an option. If you reached the top on day 2, then day 3 is flexible.

We like to try and depart for Lupine Meadows no later than 11:00am and usually arrive at the trail head between 2:30 – 3:30. And while your Grand Teton Experience might be over, the memories will last a lifetime.

Meal Planning

Breakfasts and dinners are provided by your guides. For all meals and snacks between breakfast and dinner, please plan to bring your own food. We recommend bringing items that are high in calories and/or protein and that you will genuinely enjoy while out on the trail. Possibilities include: energy/meal bars, candy bars, cold pizza, sandwiches or wraps, nut butter pouches, and trail mix.

Transportation and Lodging

Grand Teton National Park is located roughly 30 minutes from the Jackson, WY headquarters. The Jackson office is located in the south part of Jackson at 1325 S. Highway 89, Suite 104 and shares a parking area with Smith's. The JHMG phone number is (800) 239-7642 or (307) 733-4979.

Most trips and classes will meet at this office for gear checks, preparation, and classes. The Jackson Hole airport is the closest, but Idaho Falls (a 2 – 2.5 hour drive) is a cheaper option and Salt Lake City (4 – 5 hour drive) are also air travel options.

It is helpful to arrive a couple of days prior to your trip/class in order to acclimatize. Otherwise, you should arrive the day before and stop by our office for an equipment check. Do not plan on traveling the day after a significant climb – you will be tired and there are no guaranteed times when we will return to the trailhead. Plan on having accommodations for the night prior to and the night you return from a significant climb. There are a plethora of hotels, motels, and bed and breakfasts in Jackson and the surrounding area. Accommodations near our office make your transitions convenient. It is

highly advisable to make reservations as early as possible. Lodging recommendations and many more details can be found on the JHMG website.

About the Guides

JHMG is the second oldest guiding service in the US, having been founded in 1967. They have 50+ years of experience, which means that they have had time to refine their client processes, risk management procedures, and have emerged a well-oiled machine that knows how to provide a high level of service and do it safely. JHMG is also a National Park Service concessioner, which is scrupulous about vetting its concessioners. Not only does the NPS pay close attention to JHMG operations, it also requires visibility into JHMG finances, insurance, hiring practices, environmental management practices, risk management practices and customer satisfaction.

You can learn more about Jackson Hole Mountain Guides (The Mountain Guides) at: www.jhmg.com